

picture of the week | Talented watercolourist overcomes the debilitating effects of illness

■ For 12 years, Tammy Gilbert has been studying art at The Hampstead Garden Suburb Institute.

The Highgate resident, who suffers from Parkinson's, manages despite the tremors associated with the illness to create evocative watercolours such as *The Flower Market* pictured here.

A former make-up artist and fashion designer, she is determined to broaden her creative range and now has a debut exhibition at The Arts Depot in North Finchley with 20 per cent of all sales donated to Parkinson's UK.

Commenting on her first solo exhibition, Tammy says: "I am incredibly excited to be showcasing my work and hope that visitors will take as much pleasure in the paintings as I take in creating them. Parkinson's UK is a charity very close to my heart. I am also grateful to my sponsor Business Environment, which has supported me in making my dream to exhibit a reality."

The exhibition runs until July 31. See www.tammygilbert.co.uk

